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The Status of Young Women in Michigan

he Michigan
Women's
Commission has
completed a special report
on the status of young
women in Michigan and
made recommendations
for action. The complete
report is available on our
website at www.michigan.
gov/mdcr.

This overview of the status of Michigan's young women defines "young women" as females ages 10 to 19. Overall, the status of Michigan's young women is similar to that of all U.S. young women. In health, Michigan's young women are more overweight yet exercise more per week,

drink and smoke at about the same rate, and have less sex during the high school years yet have a higher pregnancy rate when compared to all U.S. young women. In education, Michigan's young women are doing better in reading and English, doing worse in science and math, and graduating from high school and attending college in higher numbers when compared to Michigan's young men of the same age. Data comes from national, state and non-profit sources.

The Michigan Women's Commission hopes this

information helps policy makers, community members, parents and young women in discussing matters affecting young women's lives.

The Michigan Women's Commission's recommendations, based on this report, are:

General Health Recommendations for Action

1) Share data on critical health objectives on the state and community level, to assist in community efforts to improve adolescent health.

- 2) Encourage Michigan communities to study adolescent health issues in their community, and create a community adolescent health profile.
- 3) Based on community's concerns, leadership and resources, prioritize critical health objectives.
- Ensure adolescents are included in community collaborations developed to address adolescent health issues.

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Status of Young Women ...

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- 5) Increase the availability of effective services and programs for at-risk female youth.
- 6) Require that schools teach health and physical education at all grade levels.
- 7) Support implementation of school-based prevention programs, including alcohol- or other drug use prevention, nutrition and dietary counseling services, physical activity and fitness counseling services, suicide prevention services, tobaccouse prevention services and violence prevention services.
- 8) Increase the number and use of child and adolescent health centers.

Reproductive Health Recommendations for Action:

- 1) Expand on and strengthen effective, ageappropriate, abstinence-based comprehensive prevention programs for adolescents in school and community settings by the MI Teen Pregnancy Prevention Initiative.
- 2) Support programs such as Talk Early &Talk Often, which encourage parent-child communication on sexual decision making, abstinence, and teenage relationships.
- 3) Focus on enhancing the education of youth in regards to HIV testing, chlamydia and gonorrhea screening, and treatment programs for *at risk* youth.
- 4) Support child and adolescent health centers so more health services are available to teens.
- 5) Support the state's family planning program and expand access to teens throughout the state.
- 6) Support the newly formed statewide organization to address teen pregnancy, Michigan Organization on Adolescent Sexual Health (MOASH).

Education Recommendations for Action:

- Encourage government entities (state departments and agencies, schools, etc.) and other private organizations, to collect data by gender and ethnicity and use the information to focus programs.
- 2) Require schools to perform exit interviews when students leave high school (dropouts and others).
- 3) Provide appropriate counseling, both academic and personal, to females in grades 8 12.
- 4) Start programs at the elementary level that will continue through the twelfth grade that encourage parent involvement in their children's education.
- 5) Partner with area colleges and trade schools in programs to encourage females to explore the array of career opportunities available to them.

- 6) Start programs at the elementary level through high school to encourage females to study mathematics and science.
- 7) Promote mentoring programs.
- 8) Provide schools with the resources they need so they can afford to give females the educational experiences they need to succeed.
- Encourage and monitor enrollment in career education for non-traditional fields for females.

New Video of Michigan Women

he Michigan Women's Hall of Fame and Gary May Productions/GMAY TV have prepared a television documentary, "We Can Do It! A Celebration of Michigan Women," for the 25th Anniversary for the Michigan Women's Hall of Fame.

The video features in-depth interviews with some of the Michigan women who have made history.

The documentary is airing on some PBS channels in Michigan.

You can also obtain a copy of the video by contacting the Michigan Women's Historical Center & Hall of Fame at (517) 484-1880, or www. michiganwomenshalloffame.org. The cost is \$15.00 plus \$3.00 for postage.

Correction: Please note the correct information regarding the names of the women serving on the University of Michigan's Board of Regents. We apologize for the omission.

The University of Michigan Board of Regents

There are 8 members that are elected statewide serving on a partisan ballot for 8 year terms. There are 5 women currently serving, 4 Democrats and one Republican: Julia Donovan Darlow, Denise Ilitch, Andrea Fischer Newman, Olivia P. Maynard, Katherine E. White.

Commission News

overnor Jennifer M. Granholm announced the following re-appointments to the Michigan Women's commission: Rana Abbas, Pam Faris and Sheryl Mitchell to serve for terms expiring July 15, 2011.

In addition, Governor Granholm announced the new appointment of Tom Wilson of Wyandotte, who began the Michigan Gender-Equity Team, M GET, (www.mi-gender-equity.com) in 1998. Through M GET, Tom maintains a web site, e-mail list serve and fosters active relationships with other groups advocating for gender equity. Mr. Wilson is appointed for a term expiring July 15, 2011. He succeeds Rosa Morales whose term expired.

We thank Rosa Morales for her work to improve the quality of life for Michigan's women.

We also welcome a new ex officio member and liaisons from state departments: Diane Earls, Michigan Department of Civil Service, Lt. Col. Kristie Kibbey Etue from the Michigan Department of State Police, and Lt. Tina Straw and Sonya Butler from the Michigan Department of Environmental Quality.

President Obama's Women's Council & Agenda

n March 11, President Obama established a White House Council on Women and Girls. The purpose of the council "is to establish a coordinated Federal response to issues that particularly impact the lives of women and girls and to ensure that Federal programs and policies address and take into account the distinctive concerns of women and girls, including women of color and those with disabilities." The membership of the council consists of heads of executive branch departments, agencies and offices.

In addition, President Obama released a women's agenda. Highlights of the agenda are below. You can find more detailed information at www.whitehouse.gov/agenda.

Health Care:

- Fixing the Nation's Health Care System
- Empowering Women to Prevent HIV/AIDS
- Supporting Research into Women's Health
- Fighting Cancer
- Reducing Health Risks Due to Mercury Pollution
- Supporting Stem Cell Research

Reproductive Choice:

- Supports a Woman's Right to Choose
- Preventing Unintended Pregnancy

Preventing Violence Against Women:

- Reducing Domestic Violence
- Strengthening Domestic Violence Laws
- Fighting Gender Violence Abroad

National Security:

• Caring for Women Veterans

Poverty:

- Raise the minimum wage
- Helping Low-Income Workers

Education:

- Protecting Title IX
- Expanding Early Childhood Education
- Promoting Women in Math and Science
- Improving Our Schools
- Making College More Affordable

New Program Directory

he Great Lakes Girls Cooperative Program encourages programs and organizations in Illinois, Indiana, Michigan, Ohio, and Wisconsin that focus on motivating girls to pursue careers in Science, Technology, Engineering and Mathematics (STEM) to add their information to the Program Directory.

This Program Directory lists organizations and programs that focus on motivating girls to pursue careers in science, technology, engineering and mathematics (STEM). The purpose of this directory is to help organizations and individuals network, share resources, and collaborate on STEM-related projects for girls.

It can be accessed at http://www.ngcproject.org/directory.



he Young Women, Strong Leaders conferences have been completed at two sites this spring. Grand Valley State University held their conference on March 20 and Wayne State University held their conference on March 27.

At Grand Valley State University we had 150 students and 40 mentors participating. The speakers included Representative Mary Valentine and Leslie R. Wolfe, President of Center for Women's Policy Studies. At Wayne State University we had 130 students and 40 mentors participating. The speakers included Dan G. Mulhern, Michigan's First Gentleman, Senator Gilda Jacobs, and Rochele Riley, Detroit Free Press. Both conferences featured leadership skill building and mentoring breakout sessions.

We particularly want to thank all of the students, mentors, presenters, sponsors and coordinators that made the days possible. A variety of people and

organizations made these conferences possible, including Alma College, **Grand Valley State** University, Wayne State University, Michigan ACE Women's Network; Michigan Women's Commission; Michigan State University Women's Resource Center; Michigan Department of Education, Office of Career & Technical Preparation; and U.S. Department of Labor, Women's Bureau.

A third conference is scheduled for Alma College on Friday, April 17.



Top: Grand Valley State University. Bottom: Wayne State University.



No Worker Left Behind

nabling workers to acquire the skills necessary to succeed in the fast-changing global economy of the 21st Century is central to Michigan's strategy for economic transformation. The No



Worker Left Behind (NWLB) initiative was launched to provide up to two years worth of free tuition at any Michigan community college, university, or other approved training provider to help Michigan workers upgrade their skills and transition into new careers. Since August 2007, over 61,000 individuals have enrolled in NWLB. The vision for NWLB is to 1) accelerate worker transitions through learning; 2) support the state's employers and economic development needs; and 3) align the use of existing training resources.

Any individual who is currently unemployed; has received a notice of termination or layoff from employment; or is employed with a family income of \$40,000 or less may be eligible. Participants must be at least 18 years of age. If age 18-23, individuals must not have graduated from high school within the last two years and must not be a full-time college student.

For more information go to www.michigan.gov/nwlb or call (517) 335-1319. To apply for NWLB, individuals should contact their local Michigan Works! Agency at 1-800-285-9675.



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CALENDAR

May – Osteoporosis Awareness and Prevention Month (www.nof.org/awareness2/annual.htm) & National Teenage Pregnancy Prevention Awareness Month (www.teenpregnancy.org)

May 10 - 16 - National Women's Health Week - www.womenshealth.gov/whw

May 10, Sunday - Mother's Day - 1914 First National Observance

June 10 – *Michigan Women's Commission Meeting*, 110 W. Michigan Ave., 8th floor, Lansing MI Legislative Committee meeting 10 a.m., Commission meeting 1:00 p.m. Call 517-373-2884.

June 10 – *Michigan Women's Historical Center & Women's Hall of Fame*, "25th Annual Picnic on the Lawn," 5:30 – 7:30 p.m. Call (517) 484-1880 ext. 203.

July 2 - Civil Rights Act of 1964 passed.

Mailing List Update

If your name or address needs to be changed on our newsletter mailing label, or if you receive duplicates, please mail or fax (517-335-1649) the correct information (along with your current label) to the address or fax number listed. You can also email us at MDCR-WomensComm@michigan.gov.

